

COMMUNITY EMERGENCY RESPONSE TEAM (CERT) TRAINING

Ages 14 & over

New Castle County Department of Emergency Management

The City of Newark in cooperation with New Castle County Office of Emergency Management will be conducting a Basic CERT training course on Friday April 28, 6 - 10 p.m., and Saturday April 29, 8 a.m. - 4 p.m. This 12 hour training program will be provided free of charge at the George Wilson Community Center, located at 303 New London Road.

During this two day, 12 hour course of instruction, students will learn a variety of hazard awareness and emergency preparedness skills which will make them and their families better equipped to deal with all hazardous emergency situations, as well as assist first responders and emergency management officials in certain aspects of response and post event recovery activities.

Course curriculum includes American Heart Association CPR/AED Certification; basic first aid; hazardous materials awareness training; basic family preparedness strategies; proper use of home and office fire extinguishers; search and rescue; and more. Students also receive a CERT participant's training manual, and a CERT backpack with basic personal protective equipment including hard hat, gloves, safety glasses, and a flashlight.

Students will be provided a light dinner at the Friday evening session, and breakfast and lunch at the Saturday session at no cost.

The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help. CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community.

Activity #: 3359-107

Fee: FREE

Dates: April 28 & 29

Days: Fri. & Sat.

Hours: Fri. 6 - 10 p.m.

Sat. 8 a.m. - 4 p.m.

Location: George Wilson Center

CPR / AED & FIRST AID

Ages 12 & over

Participants learn to recognize and respond appropriately to cardiac and breathing emergencies. The course teaches the skills that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. Students who successfully complete this course will receive certificates for CPR/AED - Adult which are valid for two years. Infant/Child CPR will be covered for any participant who requires it. American Red Cross First Aid will be covered for an additional \$20. Please contact the Recreation office at 366-7000 if you want to include First Aid.

Activity #: 3332-107

Fee: \$87 **RDF:** \$69

Dates: Feb. 12

Days: Sun.

Hours: 1 - 4 p.m.

Location: George Wilson Center

Activity #: 3332-207

Fee: \$87 **RDF:** \$69

Dates: June 8

Days: Thu.

Hours: 6 - 9 p.m.

Location: Newark Senior Center

EMERALD ASH BORER AND BACTERIAL LEAF SCORCH: THEIR CURRENT AND POTENTIAL IMPACT ON NEWARK'S URBAN TREE CANOPY AND YOUR PROPERTY

All Ages

City of Newark officials will host an updated workshop to discuss and educate the public about two significant threats to our local tree canopy, the Emerald Ash Borer (EAB) and Bacterial Leaf Scorch (BLS). Newark Parks and Recreation staff will be joined by experts from the University of Delaware, Delaware State Forest Service and others to explain how to identify tree species that may be affected, how to identify a tree currently affected, and measures, both preventative and treatment if any, that can be taken to minimize damage done to ash and oak trees. The workshop will also include information on tree replacement for ash and oak trees, including both native and non-native species. Officials hope that through education, property owners will be able to take necessary steps to minimize damage to trees, and by doing so, minimize costs and potential hazardous conditions created by unhealthy trees. The EAB and BLS represent two different threats to two types of trees. The EAB is an invasive pest that has been migrating across the country, and has been found just North of Newark in late 2016, attacking ash trees, claiming 5 million ash trees in Michigan and Ohio alone.

Activity #: 3437-107

Fee: FREE

Dates: May 16

Days: Tue.

Hours: 6 - 8 p.m.

Location: City of Newark Municipal Building

SPECIAL INTEREST

SPRING WILDFLOWER WALK

All Ages

Debbie Keese

Spring is a great time to head outside and take in some nature. Join us on a guided hike at Rittenhouse Park as you learn how to identify spring wildflowers and their significance. Sturdy shoes, insect repellent, are encouraged.

Activity #: 3333-107 **Fee:** \$3 **RDF:** \$3

Dates: April 15

Days: Sat.

Hours: 1 - 3 p.m.

Location: Rittenhouse Park

EARTH HOUR HIKE

All Ages

Debbie Keese

Turn off the TV, the laptop and lights and head out to the Reservoir and Redd Park for an evening of family fun in support of Earth Day. Experience the park by the light of the moon. Smells, sounds, skin sensitivity to the air and even sight are enhanced as darkness surrounds us and our senses help us explore the world of nocturnal creatures. Join a naturalist on the night hike and step into a different experience of the wild. Sturdy shoes, insect repellent are encouraged. Flashlights are optional but used sparingly; light dimming covers are provided.

Activity #: 3337-107 **Fee:** \$3 **RDF:** \$3

Dates: April 22

Days: Sat.

Hours: 7:30 - 9:30 p.m.

Location: Reservoir & Redd Park

INTRODUCTION TO HORSEMANSHIP

Ages 10 & over

Sunset Stables

Have you ever wanted to be around horses but were intimidated by them? Have you ever wanted to learn more about horses in general? Here is your chance! Sue Campbell from Sunset Stables will give a full hour of information on horse anatomy, horse care, cost and riding information so you can become more comfortable being around horses and learn about them at the same time. There is no riding in this class

Activity #: 1505-107 **Fee:** \$13 **RDF:** \$13

Dates: April 27

Days: Thu.

Hours: 6 - 7 p.m.

Location: Sunset Stables

TRAIL RIDE

Ages 10 & over

Sunset Stables

Join the staff of Sunset Stables for a one of a kind one hour springtime trail ride through Lums Pond State Park. Enjoy Mother Nature from atop of one of their friendly horses. Helmets are required and provided at no extra charge. There is a weight restriction of 240lbs for this activity. Please dress appropriately, no shorts or open toe shoes. If you are new to riding or would like to learn about horses and riding prior to hitting the trail, pair this activity with Introduction to Horsemanship.

Activity #: 1504-107 **Fee:** \$35 **RDF:** \$35

Dates: April 29

Days: Sat.

Hours: 12 - 1 p.m.

Location: Sunset Stables

**FOR UPDATES ON ACTIVITY
CANCELLATIONS CALL THE
LEISURE TIME HOTLINE
(302) 366-7147**

PONY UP

Ages 5 - 12 (Must be attending Kindergarten)

Sunset Stables

Pony Up is geared to give young children an introduction to horseback riding and horsemanship. Children will be introduced to grooming, leading, properly putting on a saddle and Safety, Safety, Safety. Hand led rides will introduce proper body position, control of the pony, etc. The ponies we use are all kid friendly. Safety helmets are mandatory. Children must wear long pants and closed toed shoes.

Activity #: 1507-107 **Fee:** \$30 **RDF:** \$30

Dates: May 20

Days: Sat.

Hours: 10 - 11 a.m.

Location: Sunset Stables

HORSEBACK RIDING LESSONS

Ages 8 - 13

Group riding lessons at Sunset Stables. Lessons taught Western style. The horses are safe, reliable, and take good care of their riders. These horses are paired with guests according to riding ability.

Activity #: 1508-107 **Fee:** \$120 **RDF:** \$120

Dates: May 4 - 25

Days: Thu.

Hours: 6 - 7 p.m.

Location: Sunset Stables

WRITE, PUBLISH, SELL!

Ages 18 & over

Lois Hoffman

Whether you want to write a book as a marketing tool for your business, for your career as a writer, or as a creative hobby, find out how YOU can self-publish a book and sell it online on sites such as Amazon and Barnes & Noble. This course will take you on a tour of writing, formatting, pricing, publishing, and marketing your book, plus a whole lot more. You will leave with a solid understanding of the self-publishing industry and how you and your book fit in. Your instructor, Lois Hoffman, is the author of The Self-Publishing Roadmap: A step-by-step guide to publishing the book of your dreams and The Almost Perfect Birthday Party: A sanity-preserving guide to planning a party your child will love.

Activity #: 3080-107 **Fee:** \$47 **RDF:** \$32

Dates: Jan. 24

Days: Tue.

Hours: 6:30 - 8:30 p.m.

Location: Newark Senior Center

SPECIAL INTEREST

HOW TO WRITE A MEMOIR - NEW!

Ages 18 & over

Lois Hoffman

Have you always dreamed of writing a memoir? Do you know how it's different from an autobiography? Find out how you can write a story that resonates with readers, whether it's for your family or a wider audience. You'll also learn about self-publishing a book and how to sell it online on websites, such as Amazon and Barnes and Noble. This course will take you on a tour of writing, editing, pricing, publishing, and marketing your memoir, plus a whole lot more. You will leave with a solid understanding of how to construct your message and craft it into book.

Activity #: 1083-107

Fee: \$47 **RDF:** \$32

Dates: May 8

Days: Mon.

Hours: 6:30 - 8:30 p.m.

Location: George Wilson Center

BRICKS 4 KIDZ

Ages 6- 12

Bricks 4 Kidz

Join us on an adventurous journey through space! Build a rocket to blast through the atmosphere into a realm that is truly out of this world. Construct a world where rebels and the dark side start epic battles. We'll build motorized Lego models that represent spacecraft from Star Wars! We will also learn a lot about space along the way. Come experience this stellar journey to a galaxy far away!

Activity #: 1337-107

Fee: \$93 **RDF:** \$75

Dates: Jan. 25 - March 1

Days: Wed.

Hours: 4 - 5 p.m.

Location: George Wilson Center

3,2,1 BLAST OFF

Ages 7 - 12

Mad Science

These are the voyages of young inquiring minds as they discover why we explore space. Take an exciting look at rocketry and aerodynamics. Learn about the purpose and use of rockets. Build your very own Mad Science rocket to take home. Experience the stages of flight by taking part in a NASA style rocket launch.

Activity #: 1419-107

Fee: \$50 **RDF:** \$46

Dates: Jan. 28

Days: Sat.

Hours: 10 a.m. - 12:30 p.m.

Location: George Wilson Center



PLAYING WITH POLYMERS

Ages 7- 12

Mad Science

Investigate the ingredients of the Universe, build your own molecules, play alchemist by turning a nickel into gold (well, almost), learn the properties of polymers, how they are made, watch some magic muffins appear before your very own eyes without the aid of an oven, make your own silly putty and slime with our own Mad Science formula.

Activity #: 1419-117

Fee: \$50 **RDF:** \$46

Dates: Feb. 18

Days: Sat.

Hours: 10 a.m. - 12:30 p.m.

Location: George Wilson Center

MAD MACHINES & JR. ENGINEERS

Ages 7 - 12

Mad Science

Break down complicated machines into their simplest components. Understand how engineers manipulate forces to build sturdy structures. Kids will investigate simple machines and example structural design basics, finishing this off by constructing their own Mad Science drag racer!

Activity #: 1419-127

Fee: \$50 **RDF:** \$46

Dates: March 18

Days: Sat.

Hours: 10 a.m. - 12:30 p.m.

Location: George Wilson Center