

SPORTS AND AQUATICS

SUMMER VOLLEYBALL

Ages 18 & over

The City of Newark sponsors outdoor co-rec volleyball leagues from late April through mid August. When registering, please specify the division in which you wish to play: Monday A, Monday BB, Tuesday B, Wednesday B, or the NEW Wednesday (ages 50+). Last years teams will be given priority placement. New teams are accepted on a first-come first-served basis, as space allows. We will begin accepting entry requests from new teams on January 3. The league fee is \$415 for eleven (5 game) matches. Send information to the Parks and Recreation Department, Attn: Recreation Supervisor of Athletics.

CO-REC VOLLEYBALL

Ages 18 & over

Grab a friend and join other volleyball lovers for fun and fitness! All players must register in advance. All equipment is provided. Pick up teams are formed nightly for games

Activity #: 3631-107 **Fee:** \$75 **RDF:** \$60
Dates: Jan. 3 - March 23
Days: Tue. & Thu. **Hours:** 8 - 9:30 p.m.
Location: West Park E.S.

ADULT SOFTBALL - CO-ED

Ages 18 & over

The City of Newark sponsors a Co-ed softball league of up to 10 teams. Games will be primarily scheduled on Tuesdays and Thursdays (if needed) depending on the number of teams. Games are played on local Newark fields from late April through early August. We will begin accepting requests for teams wishing to join the league on January 3. League fee is \$425 which includes 18 games plus a single elimination tournament. Send information to the Parks and Recreation Department, Attn: Recreation Supervisor of Athletics.

LITTLE SLUGGER

Ages 4 - 6

This program is a great introduction to America's favorite pastime, baseball. Teamwork, sportsmanship and learning the basic mechanics of fielding, hitting and base running are all goals of this program. All equipment except gloves is provided. Boys and girls are welcome. This is an outdoor program. Parent/Guardian must remain on site during the class.

Activity #: 0343-107 **Fee:** \$52 **RDF:** \$40
Dates: April 22 - May 13
Days: Sat. **Hours:** 1 - 2 p.m.
Location: George Wilson Center

N.B.A. (NEWARK BASKETBALL IN ACTION)

Ages 18 & over

Looking for a great way to have fun and stay in shape for the winter & spring months? Join our drop-in basketball sessions. Teams are formed each night for informal games. All participants must register in advance

Activity #: 3630-107 **Fee:** \$55 **RDF:** \$42
Dates: Jan. 4 - March 22
Days: Wed. **Hours:** 7 - 9 p.m.
Location: Newark H.S.

Activity #: 3630-117 **Fee:** \$40 **RDF:** \$30
Dates: March 29 - May 24 (No class 4/19)
Days: Wed. **Hours:** 7 - 9 p.m.
Location: Newark H.S.

**FOR UPDATES ON ACTIVITY
CANCELLATIONS CALL THE
LEISURE TIME HOTLINE
(302) 366-7147**

PINT SIZE BASKETBALL

Ages 4 - 7

Fun, teamwork, sportsmanship and learning the fundamentals of dribbling, passing, and shooting are the goals of this program. Scrimmage games will be played. All equipment is provided. Boys and girls are welcome. Gym shoes must be worn.

Ages 4 - 5
Activity #: 0600-107 **Fee:** \$59 **RDF:** \$46
Dates: Jan. 9 - Feb. 13 (No class 1/16)
Days: Mon. **Hours:** 6 - 6:45 p.m.
Location: McVey E.S.

Ages 6 - 7
Activity #: 1600-107 **Fee:** \$59 **RDF:** \$46
Dates: Jan. 9 - Feb. 13 (No class 1/16)
Days: Mon. **Hours:** 7 - 7:45 p.m.
Location: McVey E.S.

SOCCEROOS

Ages 4 - 6

This program is a great introduction to the world's most popular sport! This class will be taught indoors and will focus on basic skill development such as dribbling, passing, receiving, shooting, and eye/foot coordination. We'll cover the basic rules and emphasize fun. All children are encouraged to wear shin guards.

Activity #: 1603-107 **Fee:** \$50 **RDF:** \$34
Dates: Jan. 19 - Feb. 23
Days: Thu. **Hours:** 6 - 7 p.m.
Location: McVey E.S.

SPORTS AND AQUATICS

SOCCER SHOTS

Ages 3 - 8

Soccer Shots

Soccer Shots meets once per week to introduce your child to soccer. The instructors are energetic, enthusiastic, great teachers and love working with children. They not only teach soccer skills but also work on improving balance coordination and agility with the kids. Soccer Shots also uses the sessions to teach children important concepts such as teamwork, sharing and respect. All players under the age of 6 must have a parent present during the lesson.

Activity #: 1522-107

Fee: \$106 **RDF:** \$90

Dates: April 6 - May 11

Days: Thu.

Hours: 5:15 - 6 p.m.

Location: George Wilson Center

BEGINNER SWIM

Ages 4 - 12

In this introductory class, participants will learn the basic skills of water orientation including: blowing bubbles, bobs, submerge mouth, nose and eyes, floats and recovery, alternating arm action, supported kicking and jumps. This is NOT a parent/child program and participants must be comfortable leaving parent for the duration of the lesson.

Activity #: 0630-107

Fee: \$98 **RDF:** \$82

Dates: Jan. 21 - March 11

Days: Sat.

Hours: 9 - 9:45 a.m.

Location: Newark Senior Center

Activity #: 0630-117

Fee: \$98 **RDF:** \$82

Dates: March 25 - May 20

Days: Sat.

Hours: 9 - 9:45 a.m.

Location: Newark Senior Center

ADVANCED BEGINNER SWIM

Ages 4 - 12

Participants will work on developing fundamental aquatic skills and independent performance of the basic skills: bob, floats, glides, flutter kick, jumps, front and back crawl, body alignment, turning over and body position. Participants will begin work on rhythmic breathing. Participants must be comfortable in the water and be able to perform an assisted back float for 3-5 seconds.

Activity #: 1630-107

Fee: \$98 **RDF:** \$82

Dates: Jan. 21 - March 11

Days: Sat.

Hours: 10 - 10:45 a.m.

Location: Newark Senior Center

Activity #: 1630-117

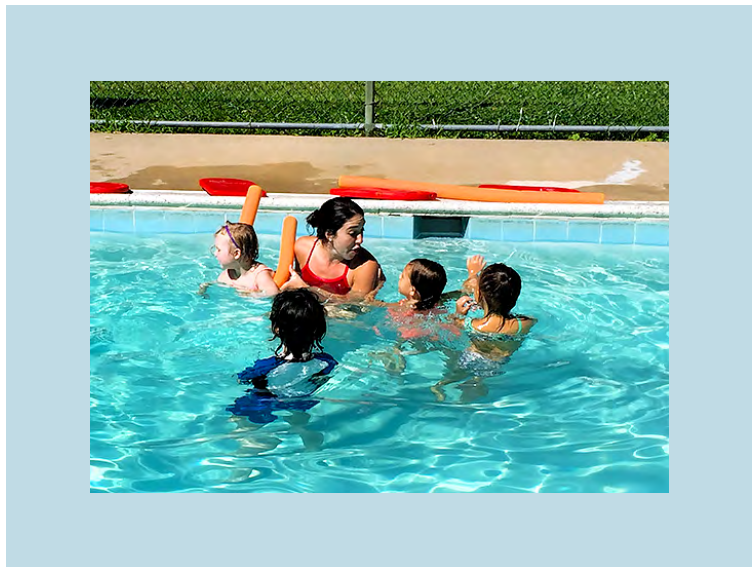
Fee: \$98 **RDF:** \$82

Dates: March 25 - May 20

Days: Sat.

Hours: 10 - 10:45 a.m.

Location: Newark Senior Center



INTERMEDIATE SWIM

Ages 4 - 12

Participants will work on stroke development including introduction to deep water bobs, elementary breaststroke, butterfly kick and body motion and treading. Continued improvement in front and back crawl, glides and rotary breathing. Must be able to swim independently on back and front for 5 yards, must be comfortable in deeper water.

Activity #: 1636-107

Fee: \$98 **RDF:** \$82

Dates: Jan. 21 - March 11

Days: Sat.

Hours: 11 - 11:45 a.m.

Location: Newark Senior Center

Activity #: 1636-117

Fee: \$98 **RDF:** \$82

Dates: March 25 - May 20

Days: Sat.

Hours: 11 - 11:45 a.m.

Location: Newark Senior Center

ADVANCED SWIM

Ages 4 - 12

Participants will work on stroke improvement including introduction to breaststroke, open turns and flip turns. Continued improvement in front crawl with rotary breathing, back crawl, breaststroke, butterfly, sidestroke and elementary backstroke. Must be able to swim one pool length using front crawl and backstroke.

Activity #: 1631-107

Fee: \$98 **RDF:** \$82

Dates: Jan. 21 - March 11

Days: Sat.

Hours: 12 - 12:45 p.m.

Location: Newark Senior Center

Activity #: 1631-117

Fee: \$98 **RDF:** \$82

Dates: March 25 - May 20

Days: Sat.

Hours: 12 - 12:45 p.m.

Location: Newark Senior Center



ARCHERY CLINIC

Ages 8 & over

Carol Protack, National Certified Coach

This archery clinic is designed to introduce the sport of archery. Participants will use state of the art compound bows as they learn the basics of archery. Safety, proper stance and follow through will be taught. You will be hitting the bull's eye in no time. Space is limited. Pre-registration is required one week before the event.

Activity #: 1651-107 **Fee:** \$44 **RDF:** \$32
Dates: Feb. 27
Days: Mon. **Hours:** 5:30 - 7:30 p.m.
Location: New Castle 100 Archers

BASIC INTRODUCTION TO ARCHERY

Ages 8 & over

Carol Protack, National Certified Coach

This introductory class will cover the basic fundamentals of archery. The beginning archer will learn safety rules, basic shooting techniques and about the different types of bows. Bare-bow style of archery instruction will be taught. This is the simplest bow set up and the best way to start out learning. All equipment will be provided for you, please do not bring your own.

Activity #: 1652-107 **Fee:** \$60 **RDF:** \$45
Dates: March 6 - 27
Days: Mon. **Hours:** 5:30 - 7 p.m.
Location: New Castle 100 Archers

INTRODUCTION TO COMPOUND BOW

Ages 10 & over

Carol Protack, National Certified Coach

Participants will use state of the art compound bows as they learn the basics of archery. Safety, proper stance and follow through will be taught. Pre-registration is required one week before the event.

Activity #: 1652-117 **Fee:** \$65 **RDF:** \$50
Dates: April 3 - May 1 (No class 4/17)
Days: Mon. **Hours:** 5:30 - 7 p.m.
Location: New Castle 100 Archers

JUNIOR GOLF CLASSES

Ages 7 - 17

Deerfield Golf Club Staff

Spring into golf and fall into Fun! Deerfield Golf Club is offering a spring golf clinic that is sure to give you 5 Days of Fun learning the game of golf! The instructional program is designed to spend one hour each day working on a different element of the game starting on a Monday and ending on Friday. The 5 Days of Fun clinic includes putting, chipping, pitching, full swing and more! Space is limited so be sure to sign up early!

Activity #: 1644-117 **Fee:** \$141 **RDF:** \$124
Dates: April 3 - 7
Days: Mon. - Fri. **Hours:** 5:30 - 6:30 p.m.
Location: Deerfield Golf & Tennis Club

Activity #: 1644-127 **Fee:** \$141 **RDF:** \$124
Dates: May 1 - 5
Days: Mon. - Fri. **Hours:** 4:30 - 5:30 p.m.
Location: Deerfield Golf & Tennis Club

GOLF FOR GIRLS

Ages 7 - 17

Deerfield Golf Club Staff

This program provides an opportunity for girls ages 7-17 to learn to play golf, build lasting friendships, and experience competition in a fun, supportive environment, preparing them for a lifetime of enjoyment with the game of golf.

Activity #: 1640-107 **Fee:** \$141 **RDF:** \$124
Dates: April 3 - 7
Days: Mon. - Fri. **Hours:** 4:30 - 5:30 p.m.
Location: Deerfield Golf & Tennis Club

PARENT & CHILD GOLF

Ages 7 - 17

Deerfield Golf Club Staff

Tee up with your 7-17 year old this spring! If you're both beginners, you'll learn the basics together; if you're already a golfer, you can improve your game while your child gets a solid introduction to the sport. It's a great way to spend time together, get some exercise and have fun! Fee covers one child and one adult; please register the child only. Each additional family member is \$85.

Activity #: 1640-117 **Fee:** \$210 **RDF:** \$188
Dates: April 17 - 21
Days: Mon. - Fri. **Hours:** 4:30 - 5:30 p.m.
Location: Deerfield Golf & Tennis Club

Activity #: 1640-127 **Fee:** \$210 **RDF:** \$188
Dates: April 26 - May 17
Days: Wed. **Hours:** 5:30 - 6:30 p.m.
Location: Deerfield Golf & Tennis Club

SPORTS AND AQUATICS

TENNIS

Grab your racquet for the sport of a lifetime! How many other sports can be played by anyone at any age, at any time of year, and anywhere in the world? Whether you're new to tennis or have played for years – we invite you to enjoy the game with us and other tennis lovers. Lessons provide students with basic tennis technique and skill development. The objectives for each class are to teach participants new skills appropriate to your level of play and to improve your existing skills. Bring your own racquet or borrow one of our youth-sized racquets. Participants should wear tennis shoes and bring water to class. Tennis balls are provided.



ADULT TENNIS

Ages 16 & over

BEGINNER/ADV BEGINNER

Activity #: 3633-107 **Fee:** \$75 **RDF:** \$58
Dates: March 19 - April 30 (No class 4/16)
Days: Sun. **Hours:** 7:30 - 9 p.m.
Location: Handloff Park

Activity #: 3633-117 **Fee:** \$75 **RDF:** \$58
Dates: March 23 - April 27
Days: Thu. **Hours:** 7:30 - 9 p.m.
Location: Fairfield Park

INTERMEDIATE/ADVANCED

Activity #: 3635-107 **Fee:** \$75 **RDF:** \$58
Dates: March 20 - April 24
Days: Mon. **Hours:** 7:30 - 9 p.m.
Location: Handloff Park

YOUTH TENNIS

Ages 11 - 15

BEGINNER/ADV BEGINNER

Activity #: 1633-107 **Fee:** \$75 **RDF:** \$58
Dates: March 19 - April 30 (No class 4/16)
Days: Sun. **Hours:** 5:45 - 7:15 p.m.
Location: Handloff Park

Activity #: 1633-117 **Fee:** \$75 **RDF:** \$58
Dates: March 23 - April 27
Days: Thu. **Hours:** 5:45 - 7:15 p.m.
Location: Fairfield Park

YOUTH INTERMEDIATE/ADVANCED

Activity #: 1635-107 **Fee:** \$75 **RDF:** \$58
Dates: March 20 - April 24
Days: Mon. **Hours:** 5:45 - 7:15 p.m.
Location: Handloff Park

SPORTS AND AQUATICS

TEN AND UNDER TENNIS

It's a whole new ballgame for kids tennis! With equipment and courts tailored to suit their needs and abilities, kids will feel confident as soon as they pick up a racquet. Using the QuickStart Tennis format allows kids to rally back and forth over the net right away and enjoy the game right from the start. Lessons will be fun and taught in a playful manner. Racquets will be provided. Children should wear sneakers and bring water to drink.

Ages 5 - 7

Activity #: 1653-107 **Fee:** \$69 **RDF:** \$55
Dates: March 21 - April 25
Days: Tue. **Hours:** 6 - 6:45 p.m.
Location: George Wilson Center

Activity #: 1653-117 **Fee:** \$69 **RDF:** \$55
Dates: March 23 - April 27
Days: Thu. **Hours:** 6 - 6:45 p.m.
Location: George Wilson Center

Activity #: 1653-207 **Fee:** \$69 **RDF:** \$55
Dates: May 16 - June 20
Days: Tue. **Hours:** 6 - 6:45 p.m.
Location: George Wilson Center

Activity #: 1653-217 **Fee:** \$69 **RDF:** \$55
Dates: May 18 - June 22
Days: Thu. **Hours:** 6 - 6:45 p.m.
Location: George Wilson Center

Ages 8 - 10

Activity #: 1653-127 **Fee:** \$69 **RDF:** \$55
Dates: March 21 - April 25
Days: Tue. **Hours:** 7 - 8 p.m.
Location: George Wilson Center

Activity #: 1653-137 **Fee:** \$69 **RDF:** \$55
Dates: March 23 - April 27
Days: Thu. **Hours:** 7 - 8 p.m.
Location: George Wilson Center

Activity #: 1653-227 **Fee:** \$69 **RDF:** \$55
Dates: May 16 - June 20
Days: Tue. **Hours:** 7 - 8 p.m.
Location: George Wilson Center

Activity #: 1653-237 **Fee:** \$69 **RDF:** \$55
Dates: May 18 - June 22
Days: Thu. **Hours:** 7 - 8 p.m.
Location: George Wilson Center

AFTERSCHOOL TENNIS

Ages 6 - 10

This program is designed for Downes Elementary students to walk to Handloff Park right after school. An instructor will meet students at Downes, then walk them to the park. Students who do not attend Downes are eligible to participate but would need to be dropped off at Handloff Park at 3:15 p.m. With equipment and courts tailored to suit their needs and abilities, kids will feel confident as soon as they pick up a racquet. Using the QuickStart Tennis format allows kids to rally back and forth over the net right away and enjoy the game right from the start. Lessons will be fun and taught in a playful manner. Racquets will be provided. Children should wear sneakers and bring water to drink. Program will not meet on rainy days. In cases of inclement weather the Leisure Time Hotline will be updated by 2 p.m., please call 366-7147.

Activity #: 1647-107 **Fee:** \$69 **RDF:** \$55
Dates: April 3 - May 15
Days: Mon. **Hours:** 3 - 4:15 p.m.
Location: Handloff Park

**FOR UPDATES ON ACTIVITY
CANCELLATIONS CALL THE LEISURE
TIME HOTLINE
(302) 366-7147**

SPORTS AND AQUATICS

HOMESCHOOL TENNIS

Ages 7 - 14

This program is designed to introduce homeschoolers to tennis fundamentals. Racquet handling, eye-hand coordination, court sense and tennis etiquette is stressed. Fun drills and games are implemented to teach these skills!

Activity #: 1648-107 **Fee:** \$75 **RDF:** \$58

Dates: April 6 - May 11

Days: Thu. **Hours:** 1:30 - 3 p.m.

Location: George Wilson Center

PARENT/CHILD TENNIS

This parent and child program teaches both the adult and the child the fundamentals of tennis. In all of our busy lifestyles, it is nice to learn and exercise with your child. Have fun and play the game of tennis with your child this spring!

Ages 5 - 7

Activity #: 1606-107 **Fee:** \$69 **RDF:** \$55

Dates: April 8 - 29

Days: Sat. **Hours:** 9 - 10 a.m.

Location: George Wilson Center

Ages 8 - 10

Activity #: 1606-117 **Fee:** \$69 **RDF:** \$55

Dates: April 8 - 29

Days: Sat. **Hours:** 10 - 11 a.m.

Location: George Wilson Center

PICKLEBALL

Ages 18 & over

Tom Foster

We are pleased to announce the tennis court at the George Wilson Center now has lines painted for pickleball. Pickleball is a sport described as a combination of ping pong, tennis and badminton. It's a great workout for players of all ages and most importantly tons of fun! Learn how to play the game at this introductory event. No experience necessary. No Paddle? No problem. Equipment will be provided if you do not bring your own.

Activity #: 1618-107 **Fee:** FREE

Dates: April 29

Days: Sat. **Hours:** 11:00 a.m. - 12:30 p.m.

Location: George Wilson Park

Activity #: 1618-117 **Fee:** FREE

Dates: May 11

Days: Thu. **Hours:** 10 - 11:30 a.m.

Location: George Wilson Park

SKATEBOARDING CLINIC

Ages 4 - 12

For the skater who is itching to get on board and try things out! Check out what skateboarding is all about at this FREE class as participants will be introduced to the safety and the basics of skateboarding from experienced instructors. Parents are encouraged to attend and participate with their child. All skaters under the age of 6 must have a parent present during the clinic.

Activity #: 1519-107 **Fee:** FREE

Dates: April 29

Days: Sat. **Hours:** 9:30 - 10:30 a.m.

Location: Handloff Park

LIL SHREDDERS SKATEBOARDING CLASS

Ages 4 - 7

For the little one who wants to sherd! Participants will learn safety and the basics of skateboarding from experienced instructors, as well as play age-appropriate games and other fun activities. Parents are encouraged to attend and participate with their child. All skaters under the age of 6 must have a parent present during camp/lesson.

Activity #: 1520-107 **Fee:** \$90 **RDF:** \$75

Dates: May 6 - 20

Days: Sat. **Hours:** 9:30 - 10:30 a.m.

Location: Handloff Park

GRINDERS (BEGINNER) SKATEBOARDING CLASS

Ages 8 - 12

For the future ripper with less than one month of skateboarding experience. Grinders will focus on the basics of skateboarding, including pushing, turning, and going down banked ramps. Further curriculum will include proper use of skateboarding equipment and basic terminology. This lesson will also highlight basic tricks for more advanced participants.

Activity #: 1521-107 **Fee:** \$90 **RDF:** \$75

Dates: May 6 - 20

Days: Sat. **Hours:** 9:30 - 10:30 a.m.

Location: Handloff Park

THRASHERS (INTERMEDIATE) SKATEBOARDING CLASS

Ages 13 & over

For the skater with more than one month of skateboarding experience and can demonstrate board control and confidence with speed. During the lessons, Thrashers participants will focus on learning new tricks such as drop-in's, and ollies, as well as discuss park etiquette and skateboard maintenance.

Activity #: 3520-107 **Fee:** \$90 **RDF:** \$75

Dates: May 6 - 20

Days: Sat. **Hours:** 10:30 - 11:30 a.m.

Location: Handloff Park